

## BUG OUT BAG CHECKLIST ESSENTIALS

Item	Our recommendation
<input type="checkbox"/> Backpack	<u>Military</u> or <u>Hiking</u> style
<input type="checkbox"/> Water filter	<u>Lifestraw</u> or <u>Sawyer Mini</u>
<input type="checkbox"/> Water container	<a href="#">Coleman 32-oz. Aluminum Bottle</a>
<input type="checkbox"/> Lighter	A simple Bic is fine or here's a <u>free</u> one
<input type="checkbox"/> Matches	<u>These</u> are great
<input type="checkbox"/> Ferro rod	Here's a <u>free</u> one
<input type="checkbox"/> Flashlight	<a href="#">UltraFire 7w 300lm Mini Cree</a> or this <u>free</u> one
<input type="checkbox"/> Food	MREs, GORP, and jerky work well
<input type="checkbox"/> Heavy duty knife	<a href="#">Ka-Bar Becker BK2 Companion Fixed Blade Knife</a>
<input type="checkbox"/> Light duty knife	<a href="#">Morakniv Companion</a>
<input type="checkbox"/> Pocket knife	<u>Kershaw Clash</u> or here's a <u>free</u> one to put in your wallet
<input type="checkbox"/> Multitool	<u>Full size</u> , <u>pocket size</u> , or this <u>freebie</u>
<input type="checkbox"/> Bandana	Or a <u>shemaugh</u>
<input type="checkbox"/> First aid kit	<a href="#">Always Prepared First Aid Kit</a>
<input type="checkbox"/> Prescriptions	
<input type="checkbox"/> Antibiotics	Pro tip: Fish antibiotics work just as well and are easier to buy
<input type="checkbox"/> Duct tape	<u>The good stuff</u>
<input type="checkbox"/> Tinfoil 2'x2'	
<input type="checkbox"/> Trashbags (2)	<a href="#">Husky PA3242HD 42-Gallon Contractor Clean-Up Bags</a>
<input type="checkbox"/> Ziplock bags (2)	
<input type="checkbox"/> Pair of socks	
<input type="checkbox"/> Pair of underwear	
<input type="checkbox"/> T shirt	
<input type="checkbox"/> Super glue	
<input type="checkbox"/> Vaseline/lip balm	

	Item	Our recommendation
<input type="checkbox"/>	Paracord	Here's a <a href="#">free</a> paracord bracelet with a firestarter built in
<input type="checkbox"/>	Zip ties	
<input type="checkbox"/>	Floss	
<input type="checkbox"/>	Pen	<a href="#">UZI Tactical Pen</a>
<input type="checkbox"/>	Pocket notebook	
<input type="checkbox"/>	Toothpaste	
<input type="checkbox"/>	Toothbrush	
<input type="checkbox"/>	Cash	
<input type="checkbox"/>	Batteries	
<input type="checkbox"/>	Gum	
<input type="checkbox"/>	Tampons	
<input type="checkbox"/>	Cotton balls	
<input type="checkbox"/>	Bleach in a small container	
<input type="checkbox"/>	eReader	
<input type="checkbox"/>	Whistle	
<input type="checkbox"/>	Radio	<a href="#">American Red Cross FRX3 Hand Crank NOAA AM/FM Radio</a>
<input type="checkbox"/>	USB drive	
<input type="checkbox"/>	Map	
<input type="checkbox"/>	Compass	<a href="#">SE CC4580 Military Lensatic Sighting Compass</a>
<input type="checkbox"/>	GPS	<a href="#">Garmin eTrex 10 Worldwide Handheld GPS Navigator</a>
<input type="checkbox"/>	Gloves	<a href="#">Mechanix Wear Tactical MultiCam M-Pact</a>

## BUG OUT BAG CHECKLIST OPTIONAL ITEMS

Item	Our recommendation
<input type="checkbox"/> Light jacket	
<input type="checkbox"/> Pair of pants	
<input type="checkbox"/> Hat	
<input type="checkbox"/> Another pair of socks	
<input type="checkbox"/> Packing cubes	
<input type="checkbox"/> Fishing line	Or just get <a href="#">this</a>
<input type="checkbox"/> Hooks	
<input type="checkbox"/> Fishing tackle	
<input type="checkbox"/> Pencil sharpener	
<input type="checkbox"/> Playing cards	<a href="#">Urban Survival Playing Cards</a>
<input type="checkbox"/> Knife sharpener/whet stone	
<input type="checkbox"/> N95 dust mask	<a href="#">3M 8511 Particulate N95 Respirator with Valve</a>
<input type="checkbox"/> Compression sack	
<input type="checkbox"/> Collapsible bowl	<a href="#">Fozzils Bowlz</a>
<input type="checkbox"/> Spork	<a href="#">Columbia River Knife And Tool's Eat N Tool</a>
<input type="checkbox"/> Camp shovel	<a href="#">SOG Collapsible Shovel</a>
<input type="checkbox"/> Pepper spray	<a href="#">SABRE RED Pepper Gel - Police Strength</a>
<input type="checkbox"/> Backpacking stove	<a href="#">Solo Stove</a>
<input type="checkbox"/> Cook set	<a href="#">Snow Peak Trek 900 Titanium Cookset</a>
<input type="checkbox"/> Camp mug	
<input type="checkbox"/> Soap	
<input type="checkbox"/> Solar lantern	<a href="#">Luci Inflatable Solar Lantern</a>
<input type="checkbox"/> Wire	<a href="#">Snare Trap</a>
<input type="checkbox"/> Wire saw	<a href="#">Leegoal Commando Wire Saw</a>
<input type="checkbox"/> Tent	<a href="#">High End</a> or <a href="#">more affordable option</a>
<input type="checkbox"/> Sleeping bag	<a href="#">Ledge Sports FeatherLite +20 F Degree Ultra Light Design</a>
<input type="checkbox"/> Talcum powder	

Item	Our recommendation
<input type="checkbox"/>	Toilet paper
<input type="checkbox"/>	Chalk
<input type="checkbox"/>	Tarp
<input type="checkbox"/>	Camp axe <a href="#">Fiskars X7 Hatchet</a>
<input type="checkbox"/>	Hand sanitizer wipes
<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Bug spray
<input type="checkbox"/>	Hydrocortisone
<input type="checkbox"/>	Activated charcoal
<input type="checkbox"/>	Hand sanitizer
<input type="checkbox"/>	Eyeglass kit
<input type="checkbox"/>	Binoculars <a href="#">Bushnell Powerview Compact Folding Roof Prism Binocular</a>
<input type="checkbox"/>	Slinghot <a href="#">The Pocket Shot</a>
<input type="checkbox"/>	Mirror
<input type="checkbox"/>	Solar panel charger
<input type="checkbox"/>	Hand crank generator <a href="#">Pocket Socket 2</a>
<input type="checkbox"/>	Battery charger
<input type="checkbox"/>	Batteries
<input type="checkbox"/>	Headlamp <a href="#">GRDE Zoomable 3 Modes 1800 Lumens Super Bright LED Headlamp</a>
<input type="checkbox"/>	Carabiners <a href="#">RHX Multi Tool Carabiner</a>
<input type="checkbox"/>	Split ring
<input type="checkbox"/>	Iodine
<input type="checkbox"/>	Shaving cream
<input type="checkbox"/>	Razor
<input type="checkbox"/>	Mouthwash
<input type="checkbox"/>	Comb
<input type="checkbox"/>	Tweezers
<input type="checkbox"/>	Pocket warmers
<input type="checkbox"/>	Light sticks
<input type="checkbox"/>	Sewing kit <a href="#">Gear Aid Outdoor Sewing Kit</a>

Item		Our recommendation
<input type="checkbox"/>	Handgun	
<input type="checkbox"/>	Rifle	
<input type="checkbox"/>	Air/pellet gun	<a href="#"><u>Gamo Silent Cat air rifle</u></a>
<input type="checkbox"/>	Ammo	
<input type="checkbox"/>	Tomahawk	<a href="#"><u>SOG Tactical Tomahawk</u></a>
<input type="checkbox"/>	Can opener	
<input type="checkbox"/>	Crowbar	<a href="#"><u>Type-III Apocalypse Pry Bar with Paracord and Compass</u></a>
<input type="checkbox"/>	Bolt cutters	<a href="#"><u>ToughBuilt TB-BC-01001A 14-Inches ToughBuilt Compact Bolt Cutter</u></a>
<input type="checkbox"/>	Walkie talkies	<a href="#"><u>Motorola MT350R FRS Weatherproof Two-Way - 35 Mile Radios</u></a>
<input type="checkbox"/>	Phone charger cable	
<input type="checkbox"/>	Electrical tape	
<input type="checkbox"/>	Eyeglass repair kit	
<input type="checkbox"/>	Gun cleaning kit	
<input type="checkbox"/>	Ranger bands	
<input type="checkbox"/>	Microfiber towel	<a href="#"><u>Outgo Ultra-Compact Microfiber Towel</u></a>
<input type="checkbox"/>	Panty hose	
<input type="checkbox"/>	Fresnel Lens	<a href="#"><u>Credit Card Size Pocket Fresnel Lens</u></a>
<input type="checkbox"/>	Rubber tube	
<input type="checkbox"/>	Condoms	
<input type="checkbox"/>	Faraday bag	<a href="#"><u>Faraday Cage EMP ESD Bags</u></a>
<input type="checkbox"/>		